

Kathryn Le Sueur

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Qualifications

- BA in Psychology (University of Auckland)
- MCom (University of Auckland)
Thesis: Schizotypal personality within creative occupations in New Zealand
- Post-graduate Diploma in Industrial / Organizational Psychology (Massey University) - Currently
- Industrial / Organizational Special Interest Group - Member

Career summary

Kathryn has worked for a long period as a mental health practitioner in a not for profit organization while continuing her education within both Commerce and Industrial/Organizational psychology, equipping her with a strong background in both spheres.

She has particular expertise in individual development and change through goal setting and motivation enhancement techniques that focuses on increasing self awareness of the strengths and weaknesses of one's behaviors and attitudes. Her capabilities also include comprehensive individual-level interviewing and assessment, delivery of group workshops, and group facilitation and development. In addition, Kathryn has a sound knowledge of qualitative and quantitative statistical analysis techniques that can be applied to drive change on the basis of 'real' data.

Kathryn has a strong interest in personality in the workplace, and in particular the 'dark side' of personality. She has spent much time researching schizotypal personality within creative occupations and the positive and negative aspects they bring to innovative workplace teams.

Her goal is to become a registered psychologist in the near future.

learning and development

- Individual development and behavioral change through goal setting and motivational enhancement techniques.
- Delivery and facilitation of psycho-educational groups to promote self awareness and motivate individuals towards change.

career history

- FX Consultants (2009 on)
- Alcohol and Drug Professional specializing in interview and assessment, and individual development and change (2004 on)